



esicon
2025 KOLKATA



54th Annual Conference of Endocrine Society of India

4-7 September 2025 | ITC Royal Bengal, Kolkata

SCIENTIFIC PROGRAMME



Dear Esteemed Delegates,

It gives us immense pleasure to extend a warm welcome to you at the **54th Annual Conference of the Endocrine Society of India (ESICON 2025)**, being held from September 4th to 7th, 2025, at the ITC Royal Bengal, Kolkata - the vibrant City of Joy.

ESICON 2025 has been carefully curated to provide an exceptional platform for scientific exchange, showcasing the latest advancements in endocrinology. The comprehensive program features distinguished national faculty along with 12 renowned international experts, bringing together global perspectives and cutting-edge insights into various aspects of endocrinology. With nearly 300 poster and paper presentations, this conference promises stimulating discussions, innovative ideas, and opportunities for meaningful collaborations.

Beyond the academic sessions, ESICON 2025 also celebrates India's rich cultural heritage. The specially curated cultural program, *Colors of India*, themed *Hormonal Hindole*, blends the vibrancy of Indian traditions with the spirit of endocrinology, creating an unforgettable evening of unity and creativity.

We also invite you to explore Kolkata, where history and modernity coexist beautifully. From iconic landmarks to its warm multicultural spirit, the city offers an enriching experience that complements the scientific feast of this conference.

On behalf of the Organizing Committee, we extend our heartfelt gratitude for your participation and wish you a memorable and intellectually enriching conference experience.

Warm regards,

Organizing Committee, ESICON 2025

ESICON 2025 ORGANISING COMMITTEE

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Preconference Workshop ESICON- 2025

Supported by Sun Pharma

DAY 1 : Thursday - 04 September, 2025

Subhash Mukherjee Hall

Workshop : Transgender Medicine: A Multidisciplinary Approach for Endocrinologists

09:00-10:00 Foundations

Chairpersons: Dr Shalender Bhasin, Dr Sanjay Kumar Bhadada

09:00-09:15 Introduction to Gender Identity and Transgender Health

Speaker: Dr Anirban Majumder

09:15-09:30 Feminizing Hormonal Therapy Overview

Speaker: Dr Debmalya Sanyal

09:30-09:45 Masculinizing Hormonal Therapy

Speaker: Dr Pramila Kalra

09:45-10:00 Discussion

10:00-11:00 Multidisciplinary Perspectives

Chairpersons: Dr Anirban Majumder, Dr Debmalya Sanyal

10:00-10:15 Thrombotic events with estrogen therapy

Speaker: Dr Suja Sukumar

10:15-10:30 CV risk with Androgen Therapy

Speaker: Dr Sruti Chandrasekaran

10:30-10:45 Estrogen therapy on bone health in adult transwoman

Speaker: Dr Rajesh Khadgawat

10:45-11:00 Discussion

11:00-12:00 Clinical Application and Interactive Case

Chairpersons: Dr Kaushik Pandit

Adolescent with early gender incongruence: Puberty blocker decision

Speaker: Dr Pramila Kalra

Fertility preservation options for transwomen

Speaker: Dr Rajesh Khadgawat

Adult transwoman with CAD and history of DVT: HRT challenges

Speaker: Dr Debmalya Sanyal

Transman planning pregnancy: Crossroads of testosterone withdrawal and fertility

Speaker: Dr Suja Sukumar

Non-binary person seeking partial medical transition

Speaker: Dr Anirban Majumder

Assessment for readiness before Gender affirming surgery

Speaker: Dr Sruti Chandrasekaran

Legal rights, NALSA judgment, Transgender Persons Act 2019

Speaker: Dr Shameek Sen

Workshop : Insulin pump

Moderator: Dr Soham Tarafdar

13:00-13:30 Introduction and Key Principles of Pumping Insulin

Speaker: Dr Sharvil Gadve

13:30-13:50	Overview of Automated Insulin Delivery System - Components - Algorithm Speaker: Dr R Santosh
13:50-14:10	Onboarding and Review of AID system - Initiation - Follow Up Speaker: Dr Tittu Oommen
14:10-14:30	Interpretation of AID Device Reports Speaker: Dr Uday Phadke
14:30-14:50	Meal Management Speaker: Dr Sachin Mittal
14:50- 15:10	Exercise & Sick Days Speaker: Dr Mayur Agarwal
15:10- 15:30	Type 2 diabetes, Pregnancy & Other Indications Speaker: Dr Beatrice Anne
15:30- 16:00	Hands-on Insulin Pump Therapy - Infusion set - Setting Basal rate - Taking Bolus with AID system Speaker: Dr Mahesh D.M.
16:00-18:00	Meet The Professor Session
16:00-17:00	Case of Hypercalcemia: Presenter: Dr Jayaditya Ghosh Professor: Dr Sanjay Kumar Bhadada
17:00-18:00	Case of Tumour induced osteomalacia: Presenter: Dr Divya Ragate Professor: Dr Tushar Bandgar
18:00-19:00	Quiz Prelims
19:00	Cultural Programme: Colours of India (Supported by USV) at ITC Sonar

B. Sadhukhan Hall

Workshop : Nuclear imaging in Endocrinology

	Moderator: Dr Ajitesh Roy
09:00-09:10	Welcome and workshop objectives Speaker: Dr Ajitesh Roy
09:10-09:55	Thyroid and parathyroid imaging: Diagnostic and therapeutic roles Speaker: Dr Dipanjan Mitra
09:55-10:40	Nuclear medicine in Adrenal gland evaluation Speaker: Dr Amburanjan Santra
10:40-11:25	Theranostics and broader endocrine applications of nuclear medicine Speaker: Dr Punit Sharma
11:25-11:55	Panel discussion and Q&A Speaker: All faculties
11:55-12:00	Closing remarks Speaker: Dr Ajitesh Roy

Workshop : Diabetic foot

	Moderator: Dr Arijit Singha
13:00-13:20	Foot as a marvel: structure, function & biomechanics of foot Speaker: Dr Felix Jebasingh
13:20-13:40	Assessment of at-risk diabetic foot Speaker: Dr Amritava Ghosh

13:40-14:00	Diabetic foot infection: Identification and selection of antimicrobial agents Speaker: Dr Amritava Ghosh
14:00-14:20	Charcot neuroarthropathy: key concepts Speaker: Dr Preyander Singh Thakur
14:20-14:40	Imaging in diabetic foot: principle and practice Speaker: Dr Madhavi K
14:40-15:00	Comprehensive wound dressing Speaker: Dr Rahul Gupta
15:00-15:20	Footwear and offloading in diabetic foot care Speaker: Dr Felix Jebasingh
15:20-15:40	Surgical intervention: when and what to do? Speaker: Dr Rahul Gupta
15:40-16:00	Panel discussion Speaker: All faculties

Dhira Ganguly Hall

Workshop : Endocrine Imaging

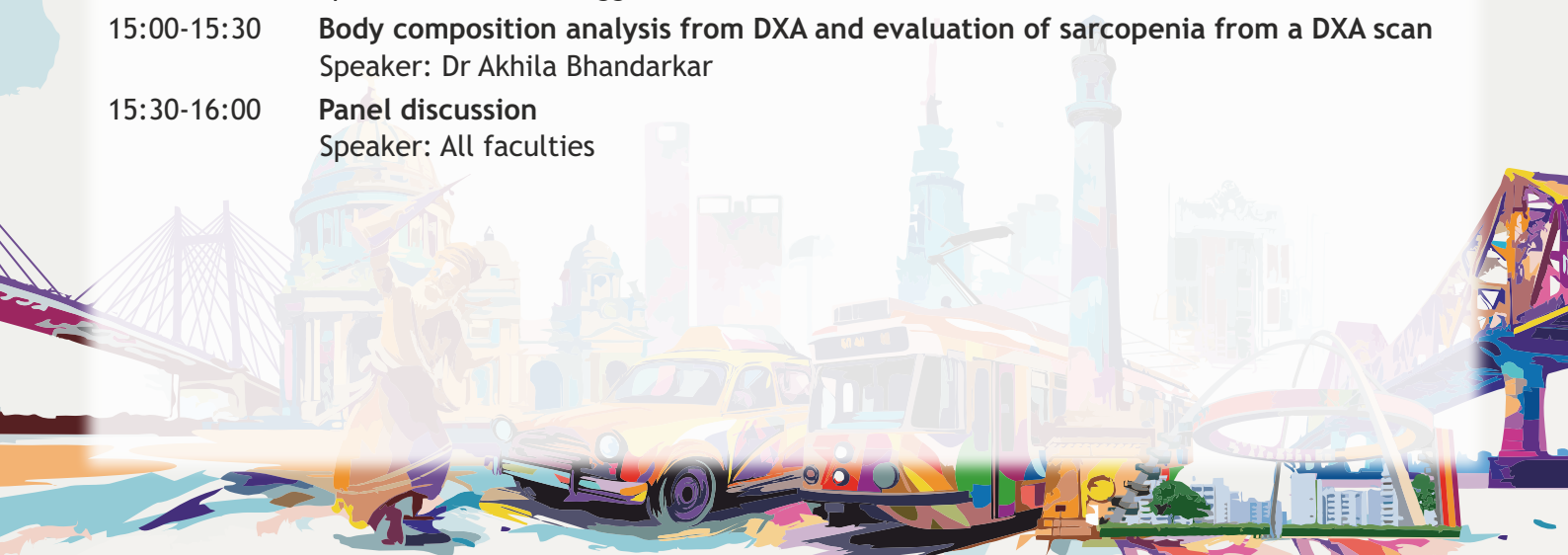
Moderator:

09:00-10:00	Pituitary imaging Speaker: Dr Arvinda HR
10:00-11:00	Adrenal imaging Speaker: Dr Anupam Lal
11:00-12:00	Pancreas imaging Speaker: Dr Ajay Gulati

Workshop : Advanced DXA

Moderator: Dr Shinjan Patra

13:00-13:30	The usefulness of DXA in endocrinology clinical practice Speaker: Dr Manoj Chadha
13:30-14:00	The available screening tools in Osteoporosis: Can it overcome the need for DXA in clinical practice Speaker: Dr Lakshmi Nagendra
14:00-14:30	Trabecular bone score (TBS) and vertebral fracture assessment (VFA) in DXA: current understanding and importance Speaker: Dr Khusboo Agarwal
14:30-15:00	DXA and beyond: Hip structural analysis, buckling ratio, bone strain index Speaker: Dr Anshita Aggarwal
15:00-15:30	Body composition analysis from DXA and evaluation of sarcopenia from a DXA scan Speaker: Dr Akhila Bhandarkar
15:30-16:00	Panel discussion Speaker: All faculties



DAY 2 : Friday - 05 September, 2025

- 09:00-09:40 **Updates in Pheochromocytoma:**
Speaker: Dr Karel Pacak | Chairpersons: Dr Subhankar Chowdhury, Dr Mythili A
- 09:40-10:05 **Management of Adrenocortical cancer - An update:**
Speaker: Dr Gary Hammer | Chairpersons: Dr Subhankar Chowdhury, Dr Mythili A
- 10:05-10:15 Discussion
- 10:15-11:15 ORATIONS**
- 10:15-10:45 **Subhash Mukherjee Oration: Differential diagnosis and management of delayed puberty in Boys**
Chairpersons: Dr RV Jayakumar, Dr GR Sridhar
Speaker: Dr Rama Walia
- 10:45-11:15 **P N Shah Oration: 'Decoding pituitary adenoma through multi-omics lens: towards precision endocrine oncology'**
Chairpersons: Dr MV Muralidharan, Dr Subhankar Chowdhury
Speaker: Dr Pinaki Dutta
- 11:15-12:30 Endocrine Update**
Chairpersons: Dr Jagat Jyoti Mukherjee, Dr R Santosh
- 11:15-11:45 **Management of Adrenal insufficiency**
Speaker: Dr Gary Hammer
- 11:45-12:15 **New diagnostic and therapeutic options in AVP deficiency**
Speaker: Dr Mirjam Christ Crain
- 12:15-12:30 Discussion
- 12:30-13:45 Conundrums in Cushing Syndrome**
Chairpersons: Dr Ankit Srivastava, Dr Sujoy Majumdar
- 12:30-13:00 **Molecular imaging in the diagnosis of Cushing Syndrome: Present and Future**
Speaker: Dr Remya Rajan R
- 13:00-13:30 **Cushing's disease after failed trans-sphenoidal surgery: How should I approach**
Speaker: Dr Asha H.S.
- 13:30-13:45 Discussion
- 13:45-15:00 Pinpointing the source**
Chairpersons: Dr Amitabha Hatwal, Dr Vikrant Gatnatti
- 13:45-14:15 **Challenges with BIPSS: A case-based approach**
Speaker: Dr M.K. Garg
- 14:15-14:45 **Role of nuclear imaging in primary aldosteronism**
Speaker: Dr Kishore Kumar Behera
- 14:45-15:00 Discussion
- 15:00-16:00 Panel Discussion : Public health issues for Endocrinologists**
Panellists: Dr Shobhna Gupta, Dr Vivek Virendra Singh, Dr Swapan Soren, Dr Tushar Nale
Moderator: Dr Sujoy Ghosh
- 16:00-17:10 Perplexing Adrenal**
Chairpersons: Dr Neelaveni, Dr Salam Ranbir
- 16:00-16:20 **Fetoplacental steroidogenesis: Clinical implications**
Speaker: Dr Muthukumaran Jayapaul

- 16:20-16:40 **Navigating Complexity of Biochemical Diagnosis of Pheochromocytoma**
Speaker: Dr Nalini Shah
- 16:40-17:00 **Mild autonomous cortisol secretion (MACS): Management and update**
Speaker: Dr Anurag Lila
- 17:00-17:10 Discussion
- 17:10- 17:50 International Speaker**
Chairpersons: Dr Nilanjan Sengupta, Dr R N Mehrotra
- 17:10- 17:40 **Oxytocin deficiency: A new endocrine disease entity?**
Speaker: Dr Mirjam Christ Crain
- 17:40-17:50 Discussion

Followed by INAUGURATION FUNCTION

20:00 CULTURAL PROGRAM (at ITC Sonar) *Supported by Eris Lifesciences Ltd*

DAY 3 : Saturday - 06 September, 2025

- 09:00-09:45 **Next generation GLP-1 medicines**
Speaker: Dr Daniel Drucker | Chairperson: Dr Sudip Chatterjee
- 10:05-10:15 Discussion
- 10:15-11:15 ORATIONS**
- 10:15-10:45 **MMS AHUJA ORATION: "Type 1 Diabetes - When Science Meets Souls"**
Chairpersons: Dr Rakesh Sahay, Dr Ganapathi Bantwal
Speaker: Dr Rishi Shukla
- 10:45-11:15 **PRESIDENTIAL ORATION**
Chairpersons: Dr Debasish Maji, Dr Padma Menon
Speaker: Lt Gen Narendra Kotwal
- 11:15-12:30 Hormonal journeys through life**
Chairpersons: Dr Arun Pandey, Dr Sarmishtha Mukhopadhyay
- 11:15-11:45 **CAH management across lifespan**
Speaker: Dr Manjiri Karlekar
- 11:45-12:15 **AMH across lifespan**
Speaker: Dr Belinda George
- 12:15-12:30 Discussion
- 12:30-13:45 Hyperparathyroidism Redefined**
Chairpersons: Dr Subhash Chandra B. Yadav, Dr Dasarathi Sarkar
- 12:30-13:00 **Normohormonal Hyperparathyroidism: An expanding horizon**
Speaker: Dr Dinesh Kumar Dhanwal
- 13:00-13:30 **Normocalcemic hyperparathyroidism: An update**
Speaker: Dr Sanjay Kumar Bhadada
- 13:30-13:45 Discussion
- 13:45-15:00 Critical and Complex Thyroid Disorders**
Chairpersons: Dr Satinath Mukhopadhyay, Dr Bashir Ahmad Laway
- 13:45-14:05 **Hypothyroid coma**
Speaker: Dr Parag Shah
- 14:05-14:15 Discussion

14:15-14:45	Thyroid eye disease Speaker: Dr George J. Kahaly
14:45-15:00	Discussion
15:00-16:15	Parathyroid puzzle Chairpersons: Dr Radhika Jindal, Dr Anirban Sinha
15:00-15:30	Genetics in Primary Hyperparathyroidism: An update Speaker: Dr Parjeet Kaur
15:30-16:00	Hypoparathyroidism: Treatment target and challenges Speaker: Dr Pramod Gandhi
16:00-16:10	Discussion
16:10-17:20	Evolving Thyroid Horizons Chairpersons: Dr Arun Kumar Choudhury, Dr Binayak Sinha
16:10-16:30	The kaleidoscope of Medullary thyroid carcinoma Speaker: Dr Jayaprakash Sahoo
16:30-16:50	Combination therapy of T4+T3: Hype or hope? Speaker: Dr Deep Dutta
16:50-17:10	From bench side to bed side: Low-risk Papillary thyroid carcinoma Speaker: Dr Dukhabandu Naik
17:10-17:20	Discussion
17:20-17:50	PTH-related peptide: from bedside to bench and back to bedside Chairperson: Dr Satinath Mukhopadhyay Speaker: Dr Andrew C. Karaplis
17:50-18:00	Discussion
18:00-20:00	Annual General Body Meeting
20:00	Cultural programme at ITC Sonar <i>Supported by La Renon</i>

DAY 4 : Sunday - 07 September, 2025

09:00-09:30	Cardiometabolic risk and ASCVD in PCOS Chairpersons: Dr K D Modi, Dr Ranen Dasgupta Speaker: Dr Anuja Dokras
09:30-09:45	Discussion
09:45-10:35	Turner Syndrome Uncovered: From Genetic Basis to Adult Care Chairpersons: Dr Jamal Ahmad, Dr Partha Sarathi Choudhury
09:45-10:05	Management of adult with Turner syndrome Speaker: Dr Yashdeep Gupta
10:05-10:25	Genetics of Turner syndrome Speaker: Dr Naincy Purwar
10:25-10:35	Discussion
10:35-11:05	Meet The Professor Professor: Dr Anuja Dokras

11:05-12:35 Women's Endocrine Health

Chairpersons: Dr Gururaja Rao, Dr Arundhati Dasgupta

11:05-11:25 PCOS: Implementing Guidelines into practice

Speaker: Dr Ashraf Ganie Mohd

11:25-11:45 Ovulation induction in PCOS: Current perspectives

Speaker: Dr Preeti Dabadghao

11:45-12:05 Myoinositol in PCOS: Is it really effective

Speaker: Dr Chitra Selvan

12:05-12:25 "Timing hypothesis" and post-menopausal hormone therapy

Speaker: Dr Jayashree Swain

12:25-12:35 Discussion

12:35-13:25 IHH Unveiled: Spectrum and the Reversal Debate

Chairpersons: Dr Vikram Singh Chauhan, Dr Sayantan Ray

12:35-12:55 Clinical spectrum of Idiopathic Hypogonadotropic hypogonadism

Speaker: Dr Nishant Raizada

12:55-13:15 Reversal of IHH: Myth or reality?

Speaker: Dr Santosh Kumar Singh

13:15-13:25 Discussion

13:45 Valedictory function and Lunch



DAY 2 : Friday - 05 September, 2025

09:00-10:15 Endocrine Kaleidoscope

Chairpersons: Dr Salil Pal, Dr Ritesh Kumar Yadav

09:00-09:20 Hypophysitis

Speaker: Dr Tushar Bandgar

09:20-09:40 Pituitary Apoplexy

Speaker: Dr Prem Narayanan

09:40-10:00 Hypothalamic Syndrome

Speaker: Dr S. Sridhar

10:00-10:15 Discussion**10:15-11:15 Closed (Oration at Subhash Mukherjee Hall)****11:15-12:30 Pituitary Perspectives**

Chairpersons: Dr Shaila Bhattacharya, Dr Purushottam Chatterjee

11:15-11:35 Pituitary hormone deficiencies in childhood cancer survivors: Who are at risk

Speaker: Dr Ritesh Agrawal

11:35-11:55 Sheehan Syndrome

Speaker: Dr Zargar A.H.

11:55-12:15 Newer therapies in Acromegaly

Speaker: Dr S K Singh

12:15-12:30 Discussion**12:30-13:45 Redefining Endocrine Controversies**

Chairpersons: Dr Sowrabha Bhat, Dr Rohit Barnabas

12:30-12:50 Idiopathic short stature: Myth or Reality?

Speaker: Dr V. Sri Nagesh

12:50-13:10 What's in a name? Pituitary adenoma or Pit NET

Speaker: Dr Riaz Ahmad Misgar

13:10-13:30 Surgery in Prolactinoma: When? Why?

Speaker: Dr K V S Harikumar

13:30-13:45 Discussion**13:45-15:00 Approach in Endocrinology**

Chairpersons: Dr Kalyan Kumar Gangopadhyay, Dr Rachna Mazumder

13:45-14:05 Pituitary micro-incidentaloma

Speaker: Dr Alok Sachan

14:05-14:25 Persistent hyperprolactinemia & negative sellar imaging

Speaker: Dr Anil Bhansali

14:25-14:45 Aggressive non-functional pituitary adenoma

Speaker: Dr Sadishkumar Kamalanathan

14:45-15:00 Discussion**15:00-16:15 Arcane Adrenals**

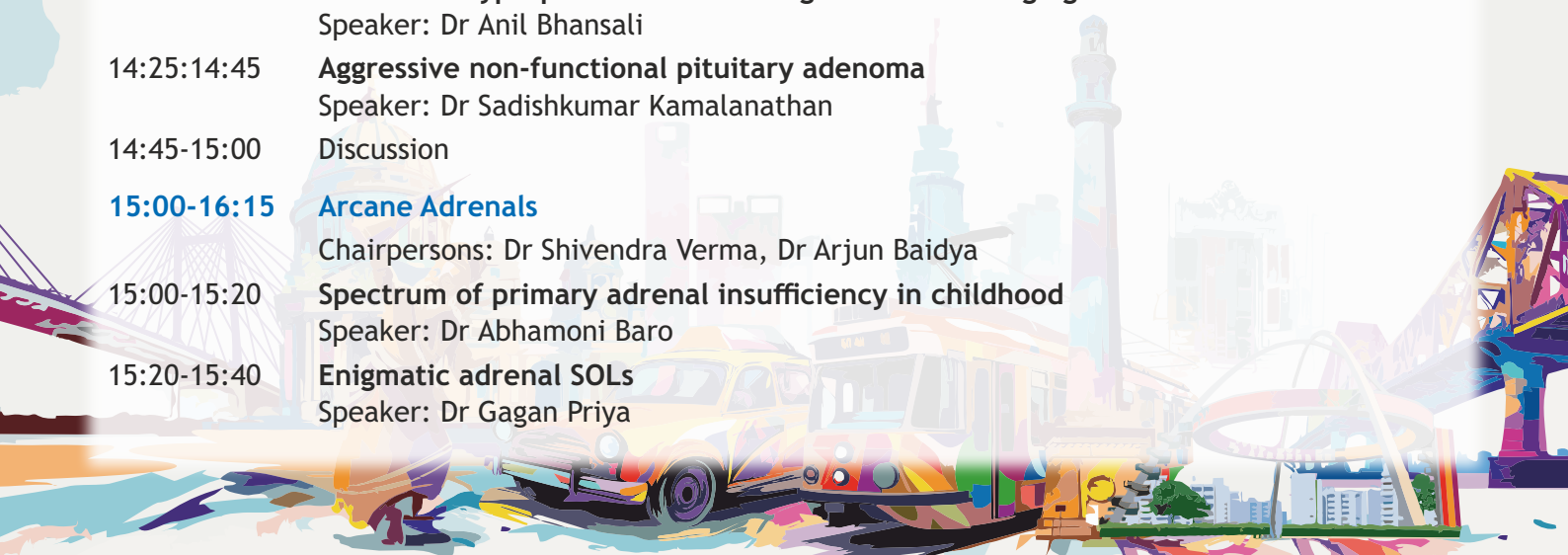
Chairpersons: Dr Shivendra Verma, Dr Arjun Baidya

15:00-15:20 Spectrum of primary adrenal insufficiency in childhood

Speaker: Dr Abhamoni Baro

15:20-15:40 Enigmatic adrenal SOLs

Speaker: Dr Gagan Priya



15:40-16:00	Ectopic Cushing Syndrome: Diagnostic and therapeutic challenges Speaker: Dr Umesh Kumar Garg
16:00-16:15	Discussion
16:15-17:30	Unravelling Rare and Challenging Metabolic Disorders Chairpersons: Dr Moutusi Raychaudhuri, Dr Animesh Maiti
16:15-16:35	The spectrum of non-hyperinsulinemichypoglycemia in infancy and childhood Speaker: Dr Apurba Ghosh
16:35-16:55	Imaging in Insulinoma: An update Speaker: Dr Bipin Kumar Sethi
16:55-17:15	Management of Lipodystrophy: Where do we stand in 2025? Speaker: Dr Hemant Phatale
17:15-17:30	Discussion
17:30-18:00	Closed

DAY 3 : Saturday - 06 September, 2025

09:00-10:15	Approach in Endocrinology Chairpersons: Dr Ajay Aggarwal, Dr Debasish Giri
09:00-09:20	11-year-old boy with gynecomastia: How to approach Speaker: Dr P K Jabbar
09:20-09:40	Child with ambiguous genitalia and palpable gonads: Approach Speaker: Dr Vijayasarathi
09:40-10:00	1 year old girl with isolated thelarche: how to approach Speaker: Dr Nisha Bhavani
10:00-10:15	Discussion
10:15-11:15	Closed (Oration at Subhash Mukherjee Hall)
11:15-12:30	Practice Points Chairpersons: Dr Anupam Biswas, Dr Saumik Datta
11:15-11:35	Drug induced alterations in TFT Speaker: Dr Ipsita Mishra
11:35-11:55	Drug induced hyperprolactinemia Speaker: Dr Uma Kaimal Saikia
11:55-12:15	Drug induced adrenal insufficiency Speaker: Dr Nilakshi Deka
12:15-12:30	Discussion
12:30-13:45	Byzantine Bone Chairpersons: Dr Umakanta Mahapatra, Dr Vimal V
12:30-12:50	CKD-MBD: From an Endocrinologist's perspective Speaker: Dr Ameya Joshi
12:50-13:10	TmP/GFR: A critical appraisal Speaker: Dr Prathosh Gangadhar
13:10-13:30	Sclerotic bone disorders: Role of imaging to reach the etiology Speaker: Dr S. Ramkumar
13:30-13:45	Discussion

- 13:45-15:00** **Updates in Metabolic bone disorders**
Chairpersons: Dr Abhishek Pandey, Dr Subhodip Pramanik
- 13:45-14:05** **Osteomorphs and its role in osteoporosis**
Speaker: Dr Swayamsidha Mangaraj
- 14:05-14:25** **Glucocorticoid induced osteoporosis**
Speaker: Dr Sachin Chittawar
- 14:25-14:45** **Hungry bone syndrome: Prevention and management**
Speaker: Dr Soham Mukherjee
- 14:45-15:00** Discussion
- 15:00-16:15** **Where do we stand in 2025?**
Chairpersons: Dr Hamid Ashraf, Dr Jayanta Chakraborty
- 15:00-15:20** **Diabetic Osteopathy**
Speaker: Dr Ambrish Mithal
- 15:20-15:40** **Tumour induced osteomalacia**
Speaker: Dr Sanjay Saran
- 15:40-16:00** **Optimal serum 25OHD**
Speaker: Dr Raman Marwaha
- 16:00-16:15** Discussion
- 16:15-17:30** **Clinician's perspectives**
Chairpersons: Dr Rajeev Kasliwal, Dr Awadesh Kr. Singh
- 16:15-16:35** **Non-compliance with Levothyroxine**
Speaker: Dr Nikhil Tandon
- 16:35-16:55** **Non-compliance with thionamide**
Speaker: Dr Subrahmanyam KAV
- 16:55-17:15** **Anti-TSHRAb in routine practice**
Speaker: Dr Arun Menon C.S.
- 17:15-17:30** Discussion
- 17:30-18:00** Closed

DAY 4 : Sunday - 07 September, 2025

- 09:00-10:10** **Pediatric Endocrine Clinic: Fractures, Rickets, and Obesity**
Chairpersons: Dr Dheeraj Kapoor, Dr Ashutosh Roy
- 09:00-9:20** **Approach to a child with recurrent fractures**
Speaker: Dr Aasim Maldar
- 09:20-9:40** **Resistant rickets: Diagnostic algorithm**
Speaker: Dr Rajesh Khadgawat
- 09:40-10:00** **Childhood obesity: Clinical approach**
Speaker: Dr Khusboo Agarwal
- 10:00-10:10** Discussion
- 10:10-11:20** **Advances and Challenges in Pediatric Growth**
Chairpersons: Dr. Krishna Biswas, Dr Indira Maisnam
- 10:10-10:30** **Evaluation of the GH-IGF1 axis: potential pitfalls**
Speaker: Dr Vageesh Ayyar

B. Sadhukhan Hall

10:30-10:50	Growth monitoring and management in a child with Juvenile idiopathic arthritis Dr Kumaravel V
10:50-11:10	Long-acting growth hormone Preparations: Current status and future considerations Speaker: Dr H.K Ganesh
11:10-11:20	Discussion
11:20-12:10	Updates in DSD Chairpersons: Dr Sudhi Ranjan Patnaik, Dr Satyaki Manna
11:20-11:40	Tumor risk in DSD: What we have learnt? Speaker: Dr Raju A Gopal
11:40-12:00	Genetics in DSD in resource-restricted settings: When? What? Speaker: Dr Jayashree Gopal
12:00-12:10	Discussion
12:10-13:00	Dilemmas in Delayed Puberty Chairpersons: Dr Anantharaman, Dr Sandeep Kumar
12:10-12:30	Fruitful or futile? CDGP Vs. Hypogonadotropic hypogonadism Speaker: Dr Sushil Jindal
12:30-12:50	Pubertal induction and maintenance in male with IHH: An update Speaker: Dr Madhukar Mittal
12:50-13:00	Discussion



DAY 2 : Friday - 05 September, 2025

09:00-10:15 Supported by USV

Moderators: Dr Biplab Bandopadhyay, Dr Prasun Deb

09:00-09:20 **Triple drug fixed dose combination of SGLT2i, DPP-4i and metformin in type 2 diabetes in India: A systematic review and meta-analysis**

Speaker: Dr Arpandev Bhattacharya

09:20-09:40 **Mapping a decade of Hepato-metabolic benefits of Dapagliflozin through the Indian lens**

Speaker: Dr Lakshmi Nalini Kopalle

09:40-10:00 **I STARCH- A decade of follow up delivering practice changing evidence in diabetes care**

Speaker: Dr Rakesh Sahay

10:00-10:15 Discussion

10:15-11:15 **Closed (Oration at Subhash Mukherjee Hall)**

11:15-12:30 Supported by Novo Nordisk

Moderators: Dr K M Suryanarayana, Dr S K Sharma

11:15-11:30 **New vs Old: Rethinking the Standard of care with New Generation Insulins**

Speaker: Dr Unnikrishnan AG

11:30-11:45 **GLP-1 scientific session: A SOUL-ful perspective on oral Semaglutide**

Speaker: Dr Shashank R Joshi

11:45-12:05 **Obesity scientific session: One STEP ahead - Unlocking the full potential of Semaglutide 2.4 mg**

Speaker: Dr Sanjay Kalra

12:05-12:25 **Obesity scientific session: Advancing the management of CVD in people living with Obesity: Insights from clinical evidence with Semaglutide 2.4 mg**

Speaker: Dr Krishna Seshadri

12:25-12:30 Discussion

12:30-14:00 Supported by Eli Lilly

Moderator: Dr Usha Ayyagari

12:30-12:50 **Why is Obesity a Chronic Disease**

Speaker: Dr Rajesh Rajput

12:50-13:10 **Exploring GIP-GLP1 co-agonism with Tirzepatide**

Speaker: Dr Ganapati Bantwal

13:10-13:25 **SURMOUNT-ing Obesity with Tirzepatide**

Speaker: Dr Shehla Shaikh

13:25-13:45 **Tirzepatide vs Semaglutide: Evidence from Head-to-Head Trial**

Speaker: Dr Beena Bansal

13:45-14:00 Discussion

14:00-15:15 Decoding Secondary Hypertension: From Assays to Algorithms

Chairperson: Dr Sanjay Shah, Dr Sumit Chakrabarti

14:00-14:20 **PRA v/s DRC- assay variations and clinical utility**

Speaker: Dr Nikhil Bhagwat

14:20-14:40 **Approach to hypokalemic hypertension with non-elevated aldosterone level**

Speaker: Dr Dinesh Chandra Sharma

14:40-15:00 **24 years old male with resistant HTN and creatinine 2.6 mg/dl: How to proceed**

Speaker: Dr Kalyani Sridharan

15:00-15:15	Discussion
15:15-16:30	Implementational issues Chairpersons: Dr Preyander Singh Thakur, Dr Tapas Chandra Das
15:15-15:45	Critical illness related adrenal insufficiency Speaker: Dr Beatrice Anne
15:45-16:15	Fertility prospects in adults with CYP21A2 defect Speaker: Dr Shriraam Mahadevan
16:15-16:30	Discussion
16:30-17:30	Quiz Finals

DAY 3 : Saturday - 06 September, 2025

09:00-10:15	Evidence based management of Diabetes and its comorbidities Chairperson: Dr Ravi Kant Saraogi, Dr Anoj Kumar Baliarsinha
09:00-09:20	Evidence-based Management: Hypertension in diabetes Speaker: Dr Abhay Kumar Sahoo
09:20-09:40	Evidence-based Management: Heart failure in diabetes Speaker: Dr Achouba Singh Kshetrimayum
09:40-10:00	Evidence based management: Primary and secondary prevention of CKD in diabetes Speaker: Dr Balram Sharma
10:00-10:15	Discussion
10:15-11:15	Closed (Oration at Subhash Mukherjee Hall)
11:15-12:30	Guidelines to Clinical practice Chairperson: Dr Tirthankar Chaudhuri, Dr S Murthy
11:15-11:35	Guidelines to Clinical practice: LDL-c in diabetes Speaker: Dr Deepak Khandelwal
11:35-11:55	Guidelines to Clinical practice: TG in diabetes Speaker: Dr Jayabhanu Kanwar
11:55-12:15	Guidelines to Clinical practice: Lp(a) in diabetes Speaker: Dr Jaideep Khare
12:15-12:30	Discussion
12:30-13:45	Surgical fitness in endocrinology Chairpersons: Dr Manoranjan Tripathy, Dr Subir Ray
12:30-12:50	Surgical fitness in patients with diabetes Speaker: Dr Prem Prakash Patidar
12:50-13:10	Surgical fitness in patients with abnormal TFT Speaker: Dr Saptarshi Bhattacharya
13:10-13:30	Surgical fitness in patients with adrenal insufficiency Speaker: Dr Mala Dharmalingam
13:30-13:45	Discussion
13:45-15:00	Management strategies in diabetes and metabolism Chairpersons: Dr Debarchan Jena, Dr Manikant Singla
13:45-14:05	Steroid induced Hyperglycemia: Management strategies Speaker: Dr Om Jitendra Lakhani
14:05-14:25	Asymptomatic hyperuricemia in Diabetes Speaker: Dr Sameer Aggarwal

14:25-14:45	Management of Diabetes in patients with CLD Speaker: Dr S K Wangnoo
14:45-15:00	Discussion
15:00-16:30	Difficult diabetes Chairpersons: Dr Neeru Gera, Dr Pranab Kumar Sahana
15:00-15:20	New clusters of Diabetes: 'What's different' Speaker: Dr Riddhi Dasgupta
15:20-15:40	Type 5 diabetes: New wine in an old bottle Speaker: Dr Nihal Thomas
15:40-16:00	Post transplant diabetes mellitus: Updates and management Speaker: Dr Suresh Damodaran
16:00-16:20	Newer advances in management of Diabetic retinopathy Speaker: Dr C M Batra
16:20-16:30	Discussion
16:30-17:00	AR Sheth Award Paper Session
17:20-18:00	Clinicopathological Correlation Chairperson: Dr Sumitra Dash Speaker: Dr Uma Nahar Saikia Moderator: Dr Shriraam Mahadevan

DAY 4 : Sunday - 07 September, 2025

09:00-09:50	Gestational Diabetes Mellitus: When, How, and What Next Chairpersons: Dr Sandeep Kansara, Dr Dayanidhi Meher
09:00-09:20	Early Vs. late GDM: What is the difference? Speaker: Dr Alpesh Goyal
09:20-09:40	Metformin in diabetes in pregnancy: What we have learnt? Speaker: Dr Prakash Keshwani
09:40-09:50	Discussion
09:50-11:00	Diabetes in young Chairperson: Dr Subodh Banzal, Dr Rajarshi Mukhopadhyay
09:50-10:10	Screening for monogenic diabetes in patients with type 1 diabetes Speaker: Dr Eesh Bhatia
10:10-10:30	Mortality in Type 1 DM: what we have learnt Speaker: Dr SV Madhu
10:30-10:50	Glycemic variability and metabolic parameters in FCPD Speaker: Dr Shivprasad C
10:50-11:00	Discussion
11:00-12:10	Type 1 Diabetes Beyond Insulin Chairperson: Dr Ashok Kumar, Dr Amarta Shankar Chowdhury
11:00-11:20	Disease modifying agents: Can we prevent T1DM? Speaker: Dr George Joe
11:20-11:40	Non-insulin therapy in Type 1 Diabetes Speaker: Dr Mohan Shenoy
11:40-12:00	β cell replacement in T1D: Advancements and obstacles Speaker: Dr Ravindra Sukla
12:00-12:10	Discussion

12:10-13:20 Metabolic Health Beyond the Basics

Chairperson: Dr Sandeep Kumar Sahu, Dr Jan Ahamed

12:10-12:30 Glycated hemoglobin: Pitfalls and alternatives

Speaker: Dr Ravi Kumar Padala

12:30-12:50 Adiposopathy: A disease for South Asians?

Speaker: Dr Sandeep Mathur

12:50-13:10 Preconception care: The key to long term metabolic health

Speaker: Dr Usha Sriram

13:10-13:20 Discussion



DAY 2 : Friday - 05 September, 2025

- 09:00-10:15** **Oral presentations (Session: Adrenals)**
- 10:15-11:15** **Closed (Oration at Subhash Mukherjee Hall)**
- 11:15-12:15** **Oral presentations (Session: Bones and Calcium metabolism)**
- 12:15-13:15** **Oral presentations (Session: Gonads)**
- 13:15-14:15** **Responsible Research: Ethics at the Core**
Chairperson: Dr Asish Kumar Basu
- 13:15-13:40** **What is Good clinical practice: An Overview**
Speaker: Dr Chaitali Datta Roy
- 13:40-14:05** **Data management and integrity in research**
Speaker: Dr Jyotirmoy Pal
- 14:05-14:15** **Discussion**
- 14:15-15:15** **IJEMCR presentations**
Presenter: Dr Ahmad Alam, Dr Harini Jayaraman, Dr Rahin Mahata
Moderator: Dr. Mandeep Singla
- 15:15-16:25** **Pituitary Practice Pearls**
Chairperson: Dr Pradip Raychaudhuri, Dr Wagh Onkar Deviprasad
- 15:15-15:35** **Post Pituitary surgery polyuria: How to approach**
Speaker: Dr Basavaraj Sooragonda
- 15:35-15:55** **Nelson syndrome: From prediction to prevention**
Speaker: Dr Jay Chordia
- 15:55-16:15** **Adult GH deficiency: Treat or not to treat**
Speaker: Dr Altamash Shaikh
- 16:15-16:25** **Discussion**
- 16:25-17:55** **Innovation and Controversy in Diabetes and metabolism**
Chairperson: Dr Kaushik Biswas, Dr Dibakar Biswas
- 16:25-16:45** **Role of Machine learning in Type 1 diabetes: From prediction to progression**
Speaker: Dr Rajiv Singla
- 16:45-17:05** **Role of Gut microbiota in metabolic syndrome**
Speaker: Dr Sunil Kota
- 17:05-17:25** **Management of dyslipidemia in pregnancy: "Benefits" vs "Risks"**
Speaker: Dr Rama Mohan
- 17:25-17:45** **Offspring of pregnant women with diabetes**
Speaker: Dr Sarita Bajaj
- 17:45-17:55** **Discussion**

DAY 3 : Saturday - 06 September, 2025

- 09:00-10:15** **Oral presentations (Session: Pituitary and Hypothalamus)**
- 10:15-11:15** **Closed (Oration at Subhash Mukherjee Hall)**
- 11:15-12:15** **Oral presentations (Session: Diabetes and metabolism I)**
- 12:15-13:15** **Oral presentations (Session: Diabetes and metabolism II)**

13:15-14:15 Responsible Research: Ethics at the Core

Chairperson: Dr Swayang Prakash Chowdhury

13:15-13:40 The science and art of safety reporting in clinical studies

Speaker: Dr Suparna Chatterjee

13:40-14:05 Protecting vulnerable population in research

Speaker: Dr Avijit Hazra

14:05-14:15 Discussion

14:15-15:15 Best Papers IJEM

Presenter: Dr Rajat Deb, Dr Hatashvi Gondaliya, Dr Subramanian Kannan,
Dr Rama Walia

15:15-16:25 Thyroid clinic: Diagnostic Dilemmas from Nodules to Newborns

Chairpersons: Dr Madhukar Rai, Dr Manojkumar Patil

15:15-15:35 Approach to indeterminate thyroid nodule

Speaker: Dr Subramanian Kannan

15:35-15:55 Thyroid hormone assay interference

Speaker: Dr Vijay Bhaskar Reddy

15:55-16:15 Approach to congenital hypothyroidism

Speaker: Dr Sunil Mishra

16:15-16:25 Discussion

16:25-17:35 Bone Health Beyond BMD

Chairpersons: Dr C V Harinarayanan, Dr Subrata Chakraborty

16:25-16:45 Role of Bone turnover markers in osteoporosis

Speaker: Dr Atul Dhingra

16:45-17:05 Atypical femoral fracture: Risk assessment and management

Speaker: Dr Sailesh Lodha

17:05-17:25 Osteosarcopenia: Clinical significance

Speaker: Dr Muthukrishnan Jayaraman

17:25-17:35 Discussion

DAY 4 : Sunday - 07 September, 2025

09:00-10:00 Oral presentations (Session: Thyroid)

10:00-11:00 Oral presentations (Session: Obesity, Basic Science, Genetics and Miscellaneous)

11:00-11:50 Responsible Research: Ethics at the Core

Chairperson: Dr Subir Chandra Swar

11:00-11:20 Informed consent in research

Speaker: Dr Nandini Chatterjee

11:20-11:40 Ethics of genetic testing in Endocrinology

Speaker: Dr Santanu Tripathi

11:40-11:50 Discussion

11:50-13:00 Newer perspectives of Diabetes

Chairpersons: Dr Jishnu Banerjee, Dr Rajan Palui

11:50-12:10 Inceptors in diabetes: A new breakthrough?

Speaker: Dr Aneesh Ghosh MS

12:10-12:30 Does the modality of treatment impact the quality of life in a person with Diabetes?

Speaker: Dr Manas P. Baruah

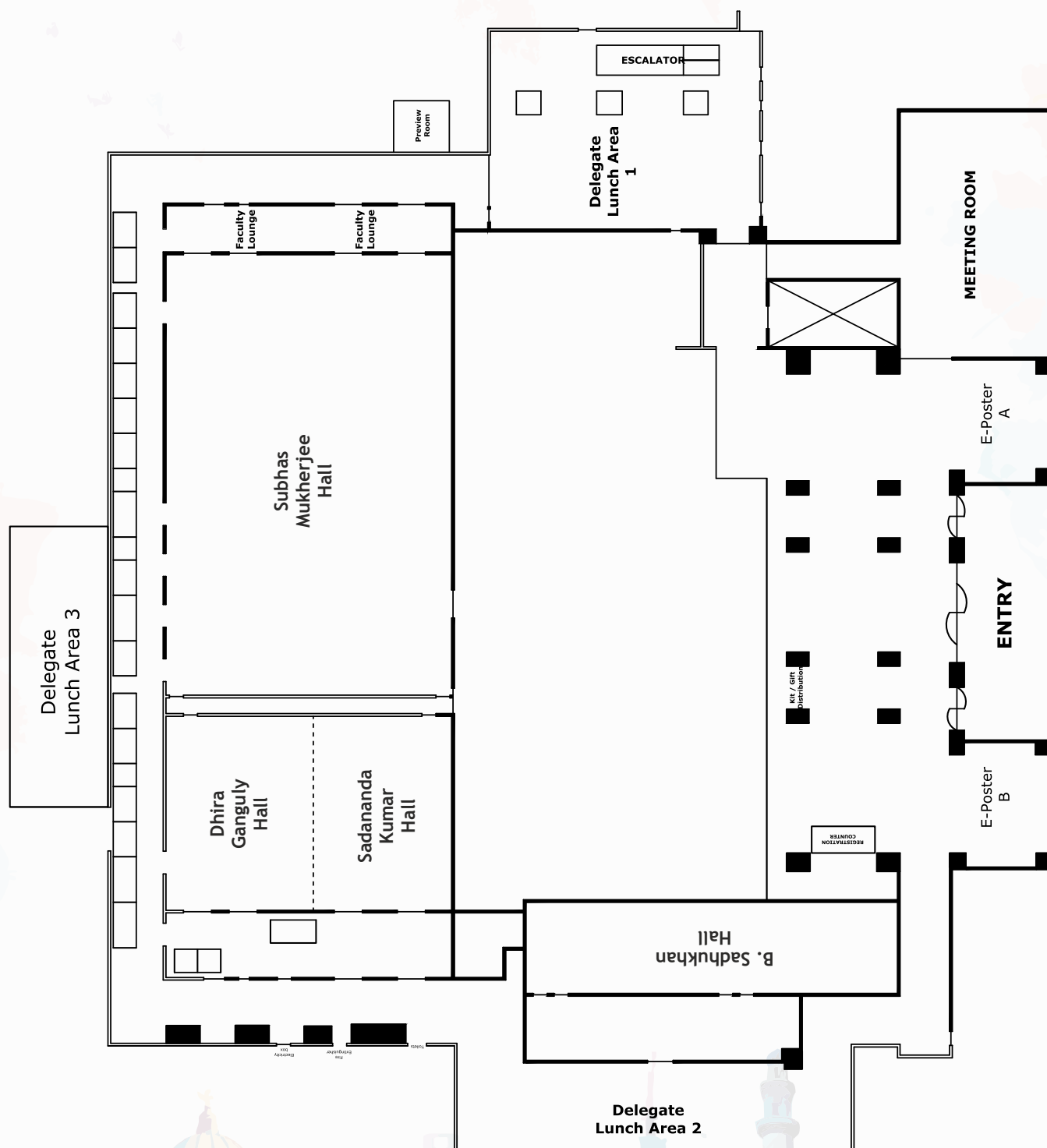
12:30-12:50	Diabetes distress: Concerns and struggles Speaker: Dr Tejal Lathia
12:50-13:00	Discussion
13:00-13:40	Hidden Hormones and Hurting Nerves: Pitfalls in Type 2 Diabetes Care Chairpersons: Dr Kaushik Sen, Dr Vijay Budhwar
13:00-13:17	Hidden hypercortisolemia in type 2 diabetes Speaker: Dr Kalpana Dash
13:17-13:34	Management of painful diabetic neuropathy Speaker: Dr Sunil Jain
13:34-13:40	Discussion

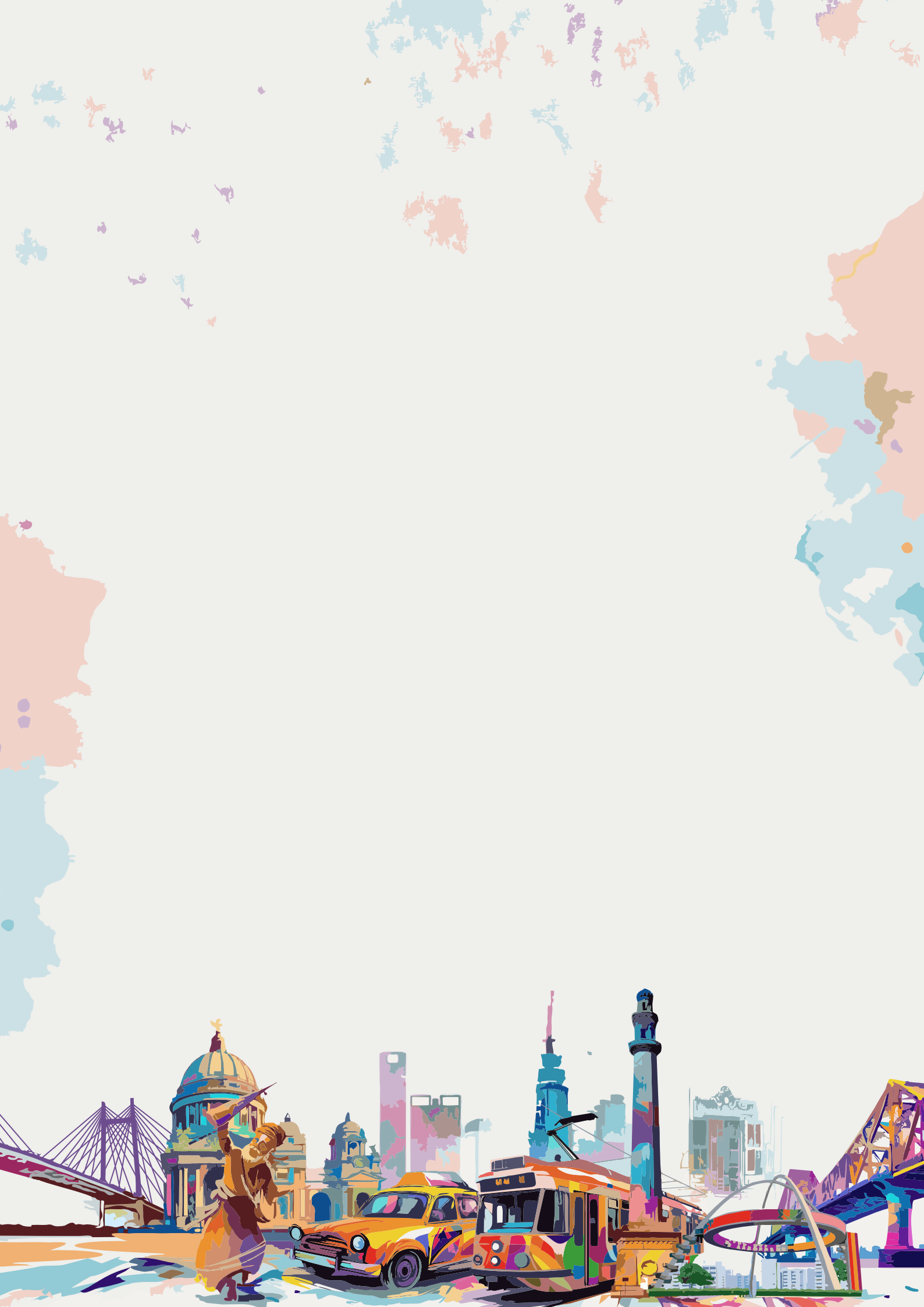
Judges for Oral Presentations

Dr Ajitesh Ray	Dr Muthukumaran Jayapaul
Dr Amarta Shankar Chowdhury	Dr Neelaveni
Dr Ashutosh Halder	Dr Nisha Bhavani
Dr Beatrice Anne	Dr Rajan Palui
Dr Belinda George	Dr Rajesh Moganti
Dr Chitra Selvan	Dr Rama Walia
Dr Hridish Narayan Chakraborty	Dr Remya Rajan
Dr Jayaprakash Sahoo	Dr Sadishkumar Kamalanathan
Dr Kaushik Biswas	Dr Sayantan Ray
Dr Kaushik Sen	Dr Trinanjan Sanyal
Dr Kishore Kumar Behera	Dr Vijayasarathi
Dr Lakshmi Nagendra	Dr Yashdeep Gupta

Judges for E-poster Presentations

Dr Akash Panigrahi	Dr MV Vimal	Dr Sayan Ghosh
Dr Alpesh Goyal	Dr Naincy Purwar	Dr Semanti Chakraborty
Dr Arindam Ray	Dr Neha Agrawal	Dr Shehla Sajid Shaikh
Dr Ashok Kumar	Dr Nilakshi Deka	Dr Shivendra Verma
Dr Balram Sharma	Dr Pankaj Singhania	Dr Silima Subhasnigdha Tarenia
Dr DebaratiBhar	Dr Parjeet Kaur	Dr Sk Hammadur Rahaman
Dr Deep Dutta	Dr Partha Sarathi Choudhury	Dr Soham Mukherjee
Dr Gagan Priya	Dr Prem Narayanan	Dr Soumita Mandal
Dr Ipsita Ghosh	Dr Preyander Thakur	Dr Sowrabha Bhat
Dr Ipsita Mishra	Dr Ranajit Bari	Dr SubhasisNeogi
Dr J B Kanwar	Dr Riaz Ahmad Misgar	Dr Sunil Kota
Dr Jayshree Swain	Dr Ritesh Agrawal	Dr Sweta Mandal
Dr M V Rama Mohan	Dr Sambit Das	Dr Umesh Kumar Garg
Dr Mainak Banerjee	Dr Saptarshi Bhattacharyya	Dr Uttio Gupta
	Dr Sattik Siddhanta	







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